

Lambeth GP Food Co-op provides Seeds for Life packs for vulnerable people in Lambeth during the Covid-19 crisis

Lambeth GP Food Co-op has been working in partnership with Lambeth Council to provide seed growing kits to thousands of vulnerable people in the borough, many of which are living with long term health conditions.

As gardening activities across most of our sites has ceased, we thought we'd enable people to become actively involved in growing plants from home. The Seeds for Life packs include a packet of seeds suitable for windowsill growing, such as lettuce or cress, growing instructions and a recipe for people to try out at home.

Along with food parcels being distributed by the hardworking team at Lambeth Council, the seed packs are expected to reach up to 4-6,000 people in the borough throughout the Covid-19 crisis with distribution beginning this week (23/04). We have had incredible support for the Seeds for Life project, we are incredibly grateful for the generosity of Sutton Seeds for their donation of 3,000 packs of lettuce seeds.

We would also like to thank Ian from The Co-op, Charmay from Flavour Fresh for sourcing seeds for us, and to our friends Janet, Kemi, Joel & Maria at Lambeth Council for pulling the seed packs together.

We are currently campaigning via CrowdFunder UK to raise funds so we can provide more kits to vulnerable people in Lambeth. If you'd like to support our cause, please follow the link <https://www.crowdfunder.co.uk/seeds-for-life>